

ISSUE -1 | 2024

<https://lovingarmscareinc.com/>

# LOVING ARMS CARE

journal

2

*Welcome Message  
from Zakiya  
Toirova:*

*“Welcome to Our Special  
Edition Booklet: Loving  
Arms Care Journal”*

4

*Loving Arms Care  
Corner*

6

*Interview with  
Nadirah Muhammad*

8

*Caregiver Spot*



LOVING ARMS  
HOME CARE

# content

LAC JOURNAL published by  
Loving Arms Care

Edit and Design  
Cansu Ozbulut

Address: 716 Rio Road West Suite E,  
Charlottesville,  
Virginia 22901

Phone Number:  
(434) 964-9431

E-mail:  
ztoirova@lovingarmscareinc.com

Welcome Message from  
Zakiya Toirova

2

Interview with  
Nadirah Muhammad

4

Loving Arms Care  
Corner

6

Caregiver Spot

8



# welcome



## **Dear Loving Arms Care Community,**

*As we embark on this extraordinary journey, I am thrilled to present our very first journal—a tangible celebration of the remarkable path we’ve walked together. This edition holds a special place in my heart, symbolizing the growth, dedication, and unwavering commitment that define Loving Arms Care Inc.*

*Loving Arms Care is more than a Home Care Agency; it is a testament to the power of compassion and the resilience of the human spirit. On these pages, you will find updates from Loving Arms Care, an exclusive interview spotlighting a cherished member of our community - Nadirah Muhammad, information on various events in Charlottesville, and a special caregiver spot.*

*Our caregivers, the backbone of Loving Arms Care, are not just professionals; they are the embodiment of passion and skill. In respite, personal care, and communication, they shine as beacons of empathy, leaving an indelible mark on the lives they touch.*

*For me, this is not merely a job; it is a labor of love, a commitment to community service, and an opportunity to forge meaningful connections. I cherish every interaction, every shared smile, and every relationship we build as we weave the fabric of compassion into the tapestry of our community.*

*This journal is a tribute to our collective journey—a journey marked by joy, gratitude, and the profound satisfaction of making a positive impact. As we turn the pages, let us reflect on the bonds we’ve created, the lives we’ve touched, and the countless smiles that have lit up the path we’ve walked.*

*To the Loving Arms Care family, thank you for entrusting us with your care needs and for being an integral part of this momentous occasion. Here’s to many more chapters of warmth, kindness, and shared milestones in the remarkable story of Loving Arms Care.*

*With heartfelt gratitude,*

Zakiya Toirova  
Owner, Loving Arms Care Inc.



## **Building Bridges of Connection and Kindness: An Interview with Nadirah, A Brand Storyteller at Story House Real Estate**

Embark on an insightful interview with Nadirah, a passionate Brand Storyteller at Story House Real Estate. Discover her personal and professional experiences that reflect the company's values and her commitment to community involvement.

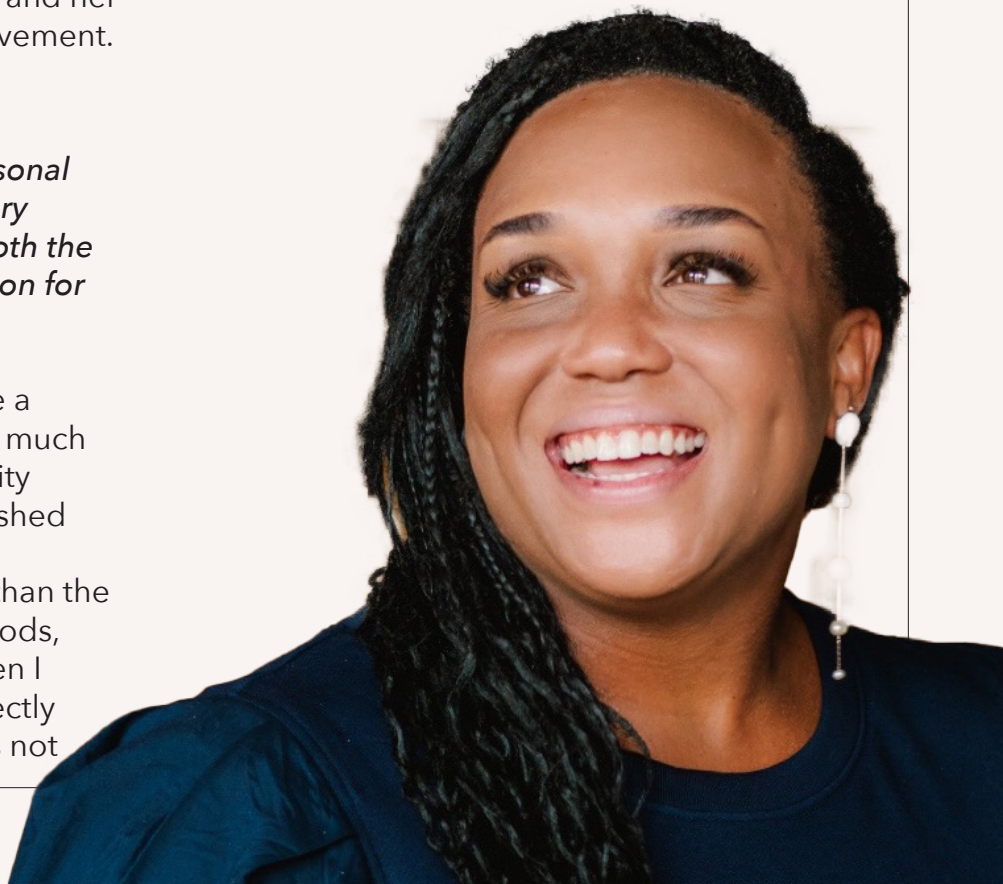
**Question 1:** *Can you share a personal or professional experience at Story House Real Estate that reflects both the company's values and your passion for connections in your life?*

**Answer 1:** I feel super lucky to be a part of a company that places so much value and emphasis on community involvement. We recently established a new company vision, which is, "Creating a future that is bigger than the past for the families, neighborhoods, and communities we serve." When I read that statement, I feel it perfectly encapsulates the work we do. It's not

just about helping people buy and sell homes, it's about being a trusted source, an advocate, a wealth of knowledge, and a steward for positive change and community growth. In every event I go to, on any committee I serve on, and in any room I enter, I set an intention to be a force of positivity and try to uplift everyone around me as well!

**Question 2:** *How has your lifelong love of learning and collecting stories influenced your personal and professional life, especially in the context of real estate storytelling in Charlottesville?*

**Answer 2:** I've always considered myself a lifelong learner and lover of stories. When we really think about it, stories are our most ancient and innate way of connecting, so I never take for granted the opportunity to be graced with someone's story. I place so much value on learning and hearing



from others, so when it comes to real estate storytelling, I internalize a lot of it. Home, as a concept, is all about security, safety, and shelter, so to be trusted to tell the story of a client's home is one of the most precious things! I cherish every marketing project, every listing material, and every tool we create because it's an opportunity to be a part of one of the biggest moments of someone's life.

**Question 3:** *Being part of the BWRT Executive Council, how do you balance your personal and professional life, and how has this involvement impacted your connections in both spheres?*

**Answer 3:** In any space I occupy, whether professional or personal, I try to make it a point to be super authentic. I feel that I balance my personal and professional life fairly well because both are so naturally intertwined! I'm very grateful to inhabit a position that is so well aligned with my values of being an active community member, coordinating outreach initiatives, and authentically connecting with those around me. To tell you the truth, it's hard for me to stay at the surface level when it comes to relationships! I thrive off of building really strong connections, and I consider myself extremely lucky that I get to develop those relationships even further in my work. In my role as co-chair for BWRT, I cherish the opportunity to connect with truly incredible women every month, so I approach every meeting eager to meet new faces and thrilled to catch up with repeat attendees!

**Question 4:** *As a Junior League member and Brand Storyteller, how*

*do you weave your commitment to kindness into both your personal and professional life?*

**Answer 4:** In my day-to-day role as Brand Storyteller for Story House Real Estate, so much of what I do is rooted in how other people feel when they're around me. When I'm filming content, telling the story of a home that we're listing through our marketing, or working with the great folks on my team to help populate their social media calendars, I strive to be a safe space and a source of kindness that people can seek comfort in. To me, it is never, ever, a waste of time to spend the extra time to make someone comfortable when it comes to telling their story. It can be a vulnerable process, and I feel honored that I'm able to shepherd that unveiling, so I don't take it lightly and I try to approach every situation with that mindset! In my extracurricular life, Junior League is a fabulous organization that I am so lucky to be involved in.



Junior League allows me to practice all the things I love, volunteerism, philanthropy, and servitude within a community of women who are equally as passionate! When it comes to serving the community, I think kindness is perhaps the most essential skill that can be utilized. And I try to be very diligent about making sure it serves as the foundation and undercurrent in everything I do!

**Question 5:** *In your philosophy of valuing friendship and connections, can you share how these values have shaped your life outside of work and contributed to your sense of fulfillment and happiness in Charlottesville?*

**Answer 5:** Since I moved here, Charlottesville has completely filled my heart to the brim. The small business community, the friendly, small-town essence, and the charm and kindness of the people here really align with what I've been looking for since I graduated college. So much of what I do both in work and in my personal life is with the hope that Charlottesville can feel more like home for everyone. That being said, I try to approach every interaction with a kind heart and a want to build authentic relationships.

**Question 6:** *As someone born and raised in Virginia, how has your connection to your hometown influenced your approach to building relationships and connections within the Charlottesville community professionally and personally?*

**Answer 6:** Being from Virginia Beach, I've always felt inspired by Virginia. However, when moving to Charlottesville, I began to really

appreciate the local purveyors, local winemakers, local produce, local... everything! This hyper-connectedness to everything local has really just made me want to get more connected and more in touch with great people making great things. I love supporting and shopping small, and it just makes me fall in love with this city a little more every time.

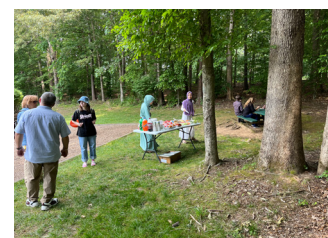
*Thank you, Nadirah, for sharing your inspiring journey and shedding light on how your passion for connection and authenticity enriches both your professional and personal life. Your commitment to kindness and community serves as a beacon, illuminating the path toward meaningful relationships and positive change.*



# LAC Corner: Celebrating Community Connections and Wellness Achievements

Welcome to the LAC Corner, where Loving Arms Care showcases community-driven initiatives. Committed to a caring community, we collaborate with caregivers to build a nurturing environment.

Highlights include the Celebrating Caregiver Award Ceremony, Westminster Canterbury Health Fair, The Center Belvedere Event, and other achievements like the Career Fair for Caregiver Success and Aging in Place's Unforgettable Meeting. We spread festive joy at Westminster's Memory Care, host live events, and connect through the Knock on the Door Series with our caregivers.



## Meet Ruth Mendoza– Our Compassionate Caregiver

Meet Ruth, the shining star of our caregiving team:

**Outstanding Performance:** Ruth excels in her role, delivering exceptional care that goes beyond expectations.

**Client’s Favorite:** Loved for her warm and caring attitude, Ruth forms genuine connections with those she serves.

**Punctuality Matters:** Ruth’s reliability is unmatched; she is always on time, ensuring our clients receive the best care when they need it.



**LOVING ARMS**  
HOME CARE



visit our website

Loving Arms Care is your trusted In-Home Care service agency. We offer a diverse range of personalized care solutions tailored to individual needs.

**Our services include:**

- Dementia/Alzheimer’s Care
- Physical disability support
- Companion Care services
- Personal Care
- Light Housekeeping
- Companionship
- Shopping & Errands
- Non-Medical Transportation
- Medication Reminders

Our team consists of dependable, experienced, and highly qualified caregivers. Our main goal is to create a comfortable and nurturing environment for our clients, positively impacting their lives.